

Feb 2023

33 *Stories*

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HUMANITY & BEYOND

DISCOVER THE HUMAN IN YOU

The year 2023 is a beginning of greater experiences. Humanity, understanding and empathy play its roles in identifying the human in all of us. It is not just about service, products, technology but it is in how those can have life. Our goals and efforts will be driven by the core elements of life; guest experiences and transmission. We have arrived at the decision with a clear study of data and trends for the last decade. Every brand, every services offered and every suggestion from the customer will be accounted.

Internal clarity on mission is ultimate important in the achievement of any goals. Our decision making process involves equal weighing of the suggestions from the newest employee of our organization and expertise of leaders. Hence, we can call our resolutions well-balanced.

As it is a year of highly goal oriented investments, I am trying to bring in subtlety to the existing activities, focusing on the human edge.

With regards

MOHAMMED MIANDAD V P
Chairman & Managing Director
33 Holdings



TIPS TO MANAGE THE IMPENDING RECESSION

As the world may be edging toward a global recession in 2023, 33 Holdings is committed to sharing a series of 33 points that can be considered as possible actions to alleviate the effects of a recession and promote economic recover.

Diversified solutions are vital, if you look at these hacks, to effectively tackle the possible strike that you might face from the recession.

Create a budget and stick to it



Cut Unnecessary Expenses



Increase your income through side hustles or requesting a raise



Build an emergency fund



Invest in education or skills to make yourself marketable



Reduce debt



Avoid lifestyle inflation



Start saving for retirement



Be mindful of market trends and adjust investments



Keep an open mind to new opportunities



Network and Build Relationships



Be strategic about job searches



Consider starting your own business



Look for ways to monetize your hobby or passion



Be prepared to face unemployment



Diversify income streams



Negotiate bills and expenses



Be mindful of your credit reports



Look for ways to save taxes



Consider part time jobs



Be prepared of market changes and your investment performance



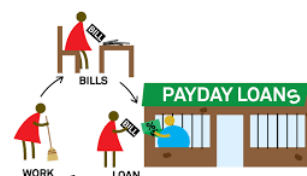
Be open to relocating for work



Try to keep savings as liquid assets



Don't fall for payday offers



Be proactive in discussing and seeking new opportunities



Be open minded to switch industries in jobs



Be prepared to adapt to changes in your industry



Be aware of potential opportunities in growing sectors



Maintain a positive attitude and stay motivated



Be aware of the potential for Government stimulus



Stay informed about economic and law changes of our Government



Educate your dependent circle on the need for changes



Connect with market experts occasionally and stay updated



NASEEM HEALTHCARE LAUNCHES PRESTIGIOUS PROJECTS

Naseem Healthcare launched the newest addition state-of-the-art Surgical Center, a premier surgical healthcare facility. Sheik Dr. Mohammed Al Thani, Director of the Ministry of Public Health, officially opened the cutting-edge facility in the presence of H. E Dr. Mahadhi Juma Maalim Ambassador of the United Republic of Tanzania in Qatar, Mr. Mohammad Miandad V P, MD, Naseem Healthcare and CMD, 33 Holdings and Dr. Munir Ali Ibrahim, General Manager, Naseem Healthcare.

With the confidence of latest advancement in surgical care, Naseem also announces One Million QR Worth financial aid for Surgeries. Mr. Mohammed Miandad VP, MD of Naseem Healthcare and CMD of 33 Holdings declared the initiative at a press meet held at Naseem Medical Centre, C Ring Road.



Naseem One Million Worth Surgery is a CSR initiative to provide financial aid to patients in need for surgeries at Naseem Surgical Centre. The initiative aims to provide 1 million QR worth of financial aid for Surgeries for those in need of financial support to undergo the procedure for better health. Guests can avail of the benefit from the Naseem Surgical Centre upon notifying of their affordability conditions. The initiative would benefit Qatar residents with valid Qatar IDs and recommended by embassies, social, community, and charitable associations, prominent individuals, and media partners.



ABM4

**IN QATAR SOON TO LAUNCH
E-COMMERCE PORTAL**

ABM4 Trades, the major manufacturer, importer and distributor of dental supplies in Qatar will soon launch E-Cart facility for its product portfolio. The service expansion is an important step towards digital transition of the projects and processes to increase efficiency and reliability.

Clients can access the product ranges and information from the website, place orders and get the required supplies delivered on time. The change also aims at market analysis and feedbacks, to understand the need of product diversification, to study client behaviour and patterns which will in turn help the organization to convert opportunities into business.



QISH ANNOUNCES NEW AUDITORY REHABILITATION PROGRAM

Qatar Institute of Speech and Hearing (QISH) announced a new program for the rehabilitation of hearing impairment and pumpkin implantation. It is an auditory rehabilitation module for hearing aid and Cochlear Implant users (Pre-post lingual).

It is a 6-months program with 2 hour sessions planned for 4 days a week. Patrons can choose flexible timings from morning till evening. A general screening and assessments for learning disability, speech therapy audiology tests will be performed prior to the commencement of program.

QISH

مركز قطر للسمع والنطق
**QATAR INSTITUTE FOR
SPEECH AND HEARING**





FEEL AT HOME GEARS UP FOR MAY 2023 INTAKE

Indian Students ready for Australia/ Canada May 2023 intake can depend on Feel At Home Group. Candidates can either connect with their official contact details available in the website or DM in the social media handles. Feel At Home is the best choice for Malayalee students who are travelling away from home and settle comfortably at their choice of country.



Feel At Home



RAISING GREATER PROPERTIES

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